

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="margin: 0;">January</h1> <p style="margin: 0; font-size: small;">Activities are Subject to Change and Weather Permitting</p>					<b>New Year's Day !</b> <b>1</b> 9:00 Exercise <b>9:15 Pretty Nails</b> <b>11:00 N.Y. Resolution</b> 1:30 Book Club 2:00 Snack 3:00 Music/Games	<b>2</b> 9:00 Shape Up 9:30 News 11:00 Music 1:30 Show Time 3:00 Snack 4:00 Afternoon Chat
<b>3 Spaghetti Day!</b> 9:00 Joel O'steen 9:30 News <b>10:00 Church w/ Larry</b> 11:00 Gospel Music 1:30 Afternoon Show 3:30 Refreshments	<b>4</b> 9:00 B-Fit <b>9:30 Resident Meeting</b> 10:00 Crafters Corner 1:30 Book Club 2:00 Snack 3:00 Walk the Garden 4:00 Music	<b>5</b> 9:00 Sit and B-Fit <b>9:30 BINGO</b> 10:30 Gazebo 1:30 Book Club 2:00 Snack 3:00 Puzzles 4:00 Music	<b>6</b> 9:00 Chair Exercise <b>10:00 Bible Study w/ Larry</b> 11:00 Gospel Hour 1:30 Book Club 2:00 Snack 3:00 Picture Collage 4:00 Music	<b>7</b> 9:00 Yoga 9:30 Color Therapy 10:30 Ball Toss 1:30 Book Club 2:00 Snack 3:00 Trivia 4:00 Music	<b>8</b> 9:00 Exercise <b>9:15 Pretty Nails</b> 11:00 Trivia 1:30 Book Club 2:00 Snack 3:00 Puzzles 4:00 Music	<b>9</b> 9:00 Shape Up 9:30 News 11:00 Music 1:30 Show Time 3:00 Snack 4:00 Afternoon Chat
<b>10</b> 9:00 Joel O'steen 9:30 News <b>10:00 Church w/ Larry</b> 11:00 Gospel Music 1:30 Afternoon Show 3:30 Refreshments	<b>11</b> 9:00 Group Exercise 9:30 Daily News <b>10:00 Crafters Corner</b> 1:30 Book Club 2:00 Snack 3:00 Puzzles 4:00 Music	<b>National Hot Tea Day!</b> <b>12</b> 9:00 Chair Exercise <b>9:30 BINGO</b> 10:30 Bowling 1:30 Book Club <b>2:00 Hot Tea and Cookies</b> 3:00 Color Therapy 4:00 Music	<b>13</b> 9:00 Yoga <b>10:00 Bible Study w/ Larry</b> 11:00 Gospel Hour 1:30 Book Club 2:00 Snack 3:00 Gazebo 4:00 Music	<b>14</b> 9:00 Yoga 9:30 Ball Toss 11:00 Trivia 1:30 Book Club 2:00 Snack 3:00 Color Therapy 4:00 Music	<b>15</b> 9:00 Movie 11:00 Music 1:30 I Love Lucy, IN2L 2:00 Snack 3:00 Puzzles 4:00 Music	<b>16</b> 9:00 Shape Up 9:30 News 11:00 Music 1:30 Show Time 3:00 Snack 4:00 Afternoon Chat
<b>17</b> 9:00 Joel O'steen 9:30 News <b>10:00 Church w/ Larry</b> 11:00 Gospel Music 1:30 Afternoon Show 3:30 Refreshments	<b>18</b> 9:00 Walking Club 9:30 Daily News <b>10:00 Men's Club</b> 1:30 Book Club <b>2:00 Ice Cream Social</b> 3:00 Move to the Beat	<b>National Popcorn Day!</b> <b>19</b> 9:00 Group Exercise <b>9:30 BINGO</b> 10:30 Trivia 1:30 Book Club 2:00 Snack 3:00 Ball Toss 4:00 Music	<b>Coffee Break Day !</b> <b>20</b> 9:00 Chair Exercise <b>10:00 Bible Study w/ Larry</b> 11:00 Gospel Hour 1:30 Book Club 2:00 Snack 3:00 Ball Toss 4:00 Music	<b>National Granola Bar!</b> <b>21</b> 9:00 Walking Club 9:30 Color Therapy 10:30 Ball Toss 1:30 Book Club 2:00 Snack 3:00 Trivia 4:00 Music	<b>22</b> 9:00 Exercise <b>9:15 Pretty Nails</b> 11:00 Trivia 1:30 Book Club 2:00 Snack 3:00 Puzzles 4:00 Music	<b>23</b> 9:00 Shape Up 9:30 News 11:00 Music 1:30 Show Time 3:00 Snack 4:00 Afternoon Chat
<b>24</b> 9:00 Joel O'steen 9:30 News <b>10:00 Church w/ Larry</b> 11:00 Gospel Music 1:30 Afternoon Show 3:30 Refreshments	<b>25</b> 9:00 Exercise 9:30 News News News <b>10:00 Crafters Corner</b> 1:30 Book Club 2:00 Snack 3:00 Color Therapy 4:00 Music	<b>BIRTHDAY BASH!</b> <b>26</b> 9:00 Walking Club <b>9:30 BINGO</b> 10:30 Gazebo 1:30 Book Club <b>2:00 Birthday Party</b> 3:00 Music	<b>27</b> 9:00 Exercise <b>10:00 Bible Study w/ Larry</b> 11:00 Gospel Hour 1:30 Book Club 2:00 Snack 3:00 Ball Toss 4:00 Music	<b>28</b> 9:00 Chair Exercise 9:30 Ball Toss 11:00 Trivia 1:30 Book Club 2:00 Snack 3:00 Color Therapy 4:00 Music	<b>Corn Chip Day!</b> <b>29</b> 9:00 Exercise <b>9:15 Pretty Nails</b> 11:00 Trivia 1:30 Book Club 2:00 Snack 3:00 Puzzles 4:00 Music	<b>30</b> 9:00 Shape Up 9:30 News 11:00 Music 1:30 Show Time 3:00 Snack 4:00 Afternoon Chat
<b>31</b> 9:00 Joel O'steen 9:30 News <b>10:00 Church w/ Larry</b> 11:00 Gospel Music 1:30 Afternoon Show 3:30 Refreshments	<p style="font-size: large; font-weight: bold;">GraceManor</p> <p style="font-size: small;">AT LAKE MORTON - MEMORY CARE</p>					